

## B.Ed. Batch 2011-12



From Left to Right:

**Row 1:** Mary Lily, Kipgen, Tsaeling, Wendy B, Archana J, Rinu J, Divya F, Deepti B, Kavita, Rini T, Ann Pinky, Rakhi R, Prima D, Blessy, Sheeba E, Sridevi N, Shalini R

**Row 2:** Jafi Fathima, Jessy M A, Divyastar K, Prof. Samson Victor, Prof. Prakasha G S, Prof. Jose Cherian (HOD), Fr. Thomas C Mathew (Vice Chancellor), Prof. J Subramanian (Registrar), Fr. T V Thomas (Director), Prof. Greta D'Souza, Prof. Jacqueline K, Prof. Dr. Sumita Rao, Maria Vidya.

**Row 3:** Azeema K, Jini M J, Linit, Vandana S, Uma Mary, Archana P, Arpita, Nisha J, Priya, Theresa, Ezhilarasi R, Priyanka, Sunaina S, Roma P, Vinita M, Vinita K, Ananthi M, Cesvin S, Luis Eva, Jayashree S, Jennifer B, Saher I, Deepa A, Nagma K, Bindu M, Kamatchi K, Thabasu V, Tracy B.

**Row 4:** Jinny K G, Bindu I, Shilpa P, Ishwarya G, Tshering Donka, Riddhi R, Rita Suma, Nisha C, Jessymol, Mini G, Binu B, Lisha L, Deborah P, Anitha, Catherin, Nirmala, Latha J, Mary G, Supriya S, Sridevi S, Fathima, Jyothi J, Neema M, Tharani, Beena J, Jiny A, Valsa E M.

**Row 5:** Bincy, Sheena, Retty, Teenamol, Prasanna, Anish, Lancy, Raju, Tsewang, Felix, Manu, Thomson, Kishore, Shaji, Jinto, Baiju, Bindu A, Susan, Jisha, Cinimol, Darly, Jessy N



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Email: [admissions@christuniversity.in](mailto:admissions@christuniversity.in)

Website: [www.christuniversity.in](http://www.christuniversity.in)

### A special thanks to

Fr. T V Thomas, Director, Jose Cherian, Head of the Department, School of Education, Greta D'Souza, Supervising Editor, Samson V, Jacqueline K, Prakasha G S, Sumita Rao, Srikantaswamy, Anil Pinto, Kennedy Thomas, Mini S, Vinod V and to all our classmates for their generous help and encouragement without which this issue wouldn't have been possible. Wish you all great success in your future.

- Student Editorial Team

**Editorial Team :** Fr. T.V. Thomas, Director, B. Ed., Jose Cherian, HOD, B. Ed.,

**Supervising Editor:** Greta D'Souza

**Student Editors:** Lancy Fernandes, Vinita Koshy, Ishwarya G, Tsewang Paljor, Lisha Louis, Rinu John, Deepa Alex, Mini George, Felix, Wendy Burby, Deepti Bhatia

**Blog of 2011-12 batch:** [www.2011bed.blogspot.com](http://www.2011bed.blogspot.com)

(For Private Circulation Only)



BANGALORE, INDIA  
Declared as Deemed to be University under Section 3 of UGC Act 1956



April, 2012

NEWSLETTER OF THE SCHOOL OF EDUCATION

Vol. 7, Issue No. 1

**“You teachers-to-be, have a great responsibility towards our nation and society. Be creative and showcase your talent through good leadership. Develop your personality and be updated with the growing world of information. I wish you all the best in your personal and professional journey.”**



**Fr Thomas C Mathew**  
Vice Chancellor, Christ University

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### Editorial

The School of Education had 100 students enrolled for the academic year of 2011–2012. The year began with an inauguration that was held on 4 July, followed by an Orientation on 5 July. We were informed of the various activities for the year ahead. Micro-teaching, Back to School, Article review, workshops on Personality Development and Panel Discussion were some activities which left us enthralled and excited to get started.

The class had an orientation on Communication skills on 8 July, followed by Orientation on Micro Teaching from 9 to 15 July. ‘Back to School’ which was held on 16 July was an eye opener revealing the talents and potentials of our batch mates. A three day workshop with the ‘Fourth Wave Foundation’ on Personality Development was conducted from 28-30 July, to equip the student-teachers with skills to face various challenges with confidence. On 18 August, we had the Article Review activity. It paved the way for all of us to accelerate our mental capacity in reading and writing. There was an informative Panel Discussion on “Challenges of Adolescents” on the 26 August, which enlightened us to view the challenges of adolescents with a different perspective.

We had a program on ‘Theatre in Education’ on 9 and 10 September, that helped us to be innovative and generate creative to ideas in teaching. Our hands on experience started with the school visits to Christ Academy, Gear Innovative International School and Indus International School on 12 September, which invoked in us feelings of excitement, trepidation and apprehension. A State Level Workshop on “Communicating with Emotional Intelligence” was held on 23 September which revealed that compassion is a part of emotion which we need to foster while teaching.

The much awaited practice teaching was held from 28 November to 22 December, across fourteen schools in Bangalore. A week-long cultural fest—“Kala Saurabha” was exclusively held for the student-teachers of B. Ed. from 23-28 January. Student teachers learnt to organize, conduct and actively participate in Sports Day held on 4 February at Christ University Kengeri Campus. A ‘Community Living Camp’ was conducted on 16 and 17 March at Kolar. The Valedictory Day held on 29 March, evoked in each one of us the responsibilities we have as teachers and signified that it was the student-teachers’ stepping stone into enriching careers as a teachers.



## Flash Back 2011-12

4 July 11	Inauguration
5 July 11	Communication skills
16 July 11	Back to school
28 July 11	Personality Development Workshop
15 Aug 11	Independence Day
25 Aug 11	Quiz
18 Aug 11	Article Review
26 Aug 11	Panel Discussion : Challenges of Adolescents
29 Aug 11	Visit to Gear International School and Christ Academy
2 Sept 11	Understanding the Importance of Yoga
5 Sept 11	Teacher's day
7 Sept 11	Guest Lecture by Dr Peter L Schneller
9 Sept 11	Theatre in education
13 Sept 11	Field Study at Christ School
23 Sept 11	State Level Workshop - Communicating with Emotional Intelligence
28 Nov 11	Practice Teaching
22 Dec 11	Christmas Celebration
10 Jan 12	Teaching Aids Display
18 Jan 12	Guest Lecture-Deepak Chopra
23 Jan 12	Kala Saurabha
1 Feb 12	Proscenium theatre and Street Play
4 Feb 12	Sports Day
6 Feb 12	Phonetics workshop
2 Mar 12	Educational Trip
8 Mar 12	Workshop on Puppetry
16, 17 Mar	Community Living Camp
19 Mar 12	Visit to Indus International
29 Mar 12	Valedictory

## To Break the Fetters

## Back to School

“Back to School”!!! Oh what a day it was when we unfamiliar beings then, for the first time as Student-Teachers in the School of Education, were happy to host the school programme for our teachers and companions.

Our class was randomly divided into five talented teams namely-Esperanza, Jwala, Brain-eaters, Phoenix and Nostalgia. We prepared ourselves in groups for this heart-warming event with a lot of enthusiasm. Every evening for the first two weeks of college was dedicated to perfecting dance moves, tuning voices and hitting the right chords. Each and every team member was recognized for his or her talent and encouraged to participate. It was also an opportunity to make new friends and had to sacrifice our daily routine of rushing home at the stroke of four.

The glorious day was 16 July 2011, a time for action. The assembly hall was adorned with colourful decorations and creative crafts display. The stage was open for us to showcase all the hard work that went into our graceful dances, melodious and hilarious skits before our wonderful and new teachers. Everyone supported and motivated each other to do their best and make the event a success. We felt the love and the joy of being back at school. It was hard to believe all this happened in such a short span of time.

Ishwarya G



## Educational Trip



**“All work and no play makes Jack a dull boy.”** Taking this quote very seriously we the B.Ed. students decided to go for a trip in order to give ample rest to our over-exhausted treasure trove “brains”. With much enthusiasm we set out on 2 March to a place we would definitely cherish the most for the rest of our lives, “Wonderla”. While going through the maze of experiences there, we got to learn quite a few things such as team spirit, a sporting attitude, a sense of care for the individuals beside you, an understanding of the workings of the digestive systems of our fellow mates etc... the list could go on. The purpose of this Educational Trip was to have fun and to reawaken the lost child within us.

We were all set to be future teachers and this was an opportunity to keep in mind that we, as well as those we teach, need leisure and relaxation to be effective in class, keeping in mind the instincts and desire of all. The B. Ed. department understood this need and therefore provided this opportunity to us. When the trip came to an end we realized how much we missed our childhood. We all made a solemn promise, that we would definitely help our future students to cherish and be enriched by simple experiences of their day to day lives.

Vinita Koshy



## CLC CAMP



Community is the place where people not only live together but also care for each other. In order to inculcate this “WE FEELING” among us, School of Education organized a two-day Community Living Camp on 16 and 17 March 2012. It was almost the last program of the academic year. The objective of the camp was to encourage faith in God, service, to meet the weaker sections of society in rural places, to understand their hardships and experiences and to create awareness about various issues such as importance of girls education, consequences of child marriage, importance of health education etc.

We started our journey to Kolar on 16<sup>th</sup> morning and reached there by 11.45a.m. We were divided into three teams. We left for three different villages by 2.30 p.m. First we visited the school in the village; organized few games for the children and awarded prizes to the winners. After that we paid casual visits to the nearby houses in order to know the lifestyle of the people. Agriculture seemed to be the main occupation. They grew crops such as ragi, maize, paddy and a few vegetables. Some of them were into cattle rearing. In the evening around 6 clock we performed street plays at the village junctions on various issues high-lighting the importance of girl's education and consequences of child marriage which moved the audience. We ended the day satisfied. The following day we rose early for the community prayer. We had a half an hour morning walk. Many took it as an opportunity for a ride on the bullock cart and walk through the fields for the first time. Thanks to CSA (Centre for Social Action), Christ University for organizing our camp. It was an eye opener for most of us as we experienced the hardships of village life. We also worked together as a team and learned to live as a community. These memories will be cherished by us always.

Jayashree S

‘Communicating With Emotional Intelligence’  
STATE LEVEL WORKSHOP

The students of the B. Ed. course took part in the State level workshop on “Communicating with Emotional Intelligence,” on 23 September 2011, with much enthusiasm and anticipation. The workshop was inaugurated by Prof. J Subramanian, Registrar and Dean of Christ University. Prof Subramanian in his inaugural address enlightened us saying that compassion is a part of Emotional Intelligence and composure is a part of Spiritual Intelligence. He said that we as teachers need to raise compassion to the level of composure.

After a short break, Mrs Phylis Farias, the guest speaker of the day began the session, which was interactive with questions on emotions and the relationship between thoughts and emotions. Her questions were indeed thought provoking accompanied by overwhelming responses. The narratives relating to Emotional Intelligence were heart rendering and left a profound impact on each one of us. She emphasized the importance on Self Awareness, Self Management, Social Skill Awareness and Relationship Management in order to relate to other people, which are essential to the functioning of Emotional Intelligence.



The afternoon session commenced at 2.15 p. m with the reading of excerpts from the book “WHALE DONE”, followed by an interactive session in which we discussed topics like “Punishment is not the only solution” and “How to make the students enjoy the process of education”. We also learnt about the ABC’s of performance in which A stands for ‘Activator,’ B for ‘Behavior’ and C for ‘Consequences.’ Farias spoke of the concept of appreciation in the teaching-learning process. She then focused on the importance of body language in communication by differentiating between poor listening and active listening.

Then there was a small activity for the teachers to understand, how one must prioritize things in life. At the end there was a quick question-answer session. There were about thirty teachers who came from Tumkur, Mangalore, Mysore and Bangalore respectively to take part in this workshop. Two teachers from among them shared their learning experience of the workshop followed by the distribution of participation certificates and tea. It was a wonderful learning experience for all of us.

Deepa Alex and Neema Mathews

**“A teacher's purpose is not to create students in his own image, but to develop students who can create their own image.”**  
- Anonymous



**“What a teacher writes on the blackboard of life can never be erased.”**

**- Anonymous**

### Love

You had blessed me with a beautiful family;  
Always been proud of my loving parents.  
For all the blessings you poured on us;  
I always loved you my Lord.

Happy days went by,  
So many years passed by,  
Day I got to know I was going to lose my mother,  
I was shattered, felt dejected and lonely.  
She suffered a lot of pain,  
After long months of trial,  
My mother bid goodbye.  
Mummy you were gentle in mind and patient in pain,  
With action so noble generous and kind,  
One among the hundred that one could ever find,  
And maybe that is why God wanted you in His garden of roses.  
Miles away wherever you are mummy I love you so much.  
I love you Lord for saving my mother from her pain,  
A small request may this not happen to anyone else.

I missed you mummy in every walk of my life and will throughout my life.  
Though I strongly believe that you are with me day and night  
I crave for your love, your touch, your smell and your beautiful gentle smile.  
No one can be like you mummy.  
Days went by with no one to share my feelings with  
But sooner or later Lord you blessed me with someone,  
Sweet heart full of love and care,  
A true gem which is so precious to me.  
I love you Lord a million times  
And now I pray to you to be with my treasure in every walk of his life.  
Keep him away from all the dangers in life  
Promise to light your lamps  
And i will love you more and more.

**Tracy Babychan**

### Article Review

The first practical activity for the new batch of 2011-2012, was the ARTICLE REVIEW. It paved the way for all of us to accelerate our mental capacity in reading and writing. It was also a route for us to get familiarized with the library system that exists in our university.

The hundred of us were divided into five groups, each group with a moderator (Teacher-in-charge). The members of the group were paired so as to make the task easy and accessible. The task of the paired individuals was to work on an article on education and then present it to the group. The evaluation of the presentation was done by the moderators of each group based on the written episode and the oral presentation done by the pairs.

The best performers were selected from each group for a final Microsoft Power Point Presentation. The final event was held on August 18, 2011 in the presence of the whole faculty and students of School of Education.

The task of reading through many articles and carefully participating in the presentation enkindled in the students the fire of the mission they were to take up. Thanks to the faculty for this enriching opportunity!

**Shaji Joseph M**

### Dramatics in Teaching

#### THEATRE IN EDUCATION



A three day workshop conducted by the Script-People's Theatre, Christ University, taught us essentials of dramatics for effectiveness in the classroom. Till then we knew them as separate entities. First we got rid of our shyness and inhibitions in order to be relaxed. We learnt to explore a lot about ourselves and our talents. We were awakened to the fact that our body can be an effective resource in the teaching learning process. The sessions gave us confidence and spontaneity.

We were asked to shun the traditional methods in order to make the learning process enjoyable to the learner. Various inputs and demonstrations of concept-grasping from the perspective of a student made us laugh at our own possible ineffective ways of teaching. Every session had an objective, and ended with evaluation of what we had learnt.

The aim of this workshop was to help us dramatize the concept to be taught from the perspective of the student's need and level. The dance sessions with simple moves showed us how movements can catch the attention and interest of a child. Thus, expressions and body language play major roles in enhancing the effectiveness in the art of teaching and learning. A day was dedicated to learn the art of puppetry.

**N Catherin**



### Two Relatives— Effective Teacher & Effective Communication



We were just zooming into the B. Ed. family ethos in the month of July. All of a sudden came a golden opportunity through the half a day seminar on communication skills. Most of us who were shy had to get rid of it. Prof Mrs Indira Ramaswamy, began by reminding us that good teachers also need to be good communicators. She helped us learn the benefits of good communication, highlighting its immense influence today in the employment sector of any industry.

There is no easy way to be a better communicator than learning from one's mistakes. The speaker emphasized that only when we learn from our mistakes can we improve our presentation skills. She concluded saying that most of us have problems in communicating clearly because we have been writing topics for ourselves, never ever thinking at the level of understanding our audience. Children look forward to a creative teacher who can make them concentrate on learning.

We learnt that visualizing the class and analyzing the audience is an important factor in communication. We really enjoyed the sessions. The various activities conducted brought out clearly the role of communication and its need for effectiveness of teaching. It gave many a boost for better performance in micro teaching that was to commence soon and brought in more confidence to stand and speak effectively.

**Lancy Fernandes**

### Display of “Teach” ing Aids



Teaching aids are an integral component in any classroom. The many benefits of teaching aids include helping learners improve reading comprehension skills, illustrating or reinforcing a skill or concept, differentiating instruction and relieving anxiety or boredom by presenting information in a new and exciting way.

Keeping in mind the importance and need for teaching aids, the School of Education, Christ University made a splendid display of their creativity in the ‘Teaching Aid Exhibition’ held on January 10, 2012, in the College Campus. We brought all that we had prepared during our teaching practice in schools. Each of us displayed fresh and innovative ideas showcasing teaching aids related to our subject methodology.

There was an array of teaching aids ranging from charts, flash cards and working and non working models. Many faculty members and students from the campus viewed our display. The event was highly appreciated and it was a learning experience for all the participants.

**Deepti B and Prima**

### Micro Teaching

*‘A teacher - takes a hand, Opens a mind, And touches a heart.’*

The first step as a teacher trainee began with Micro Teaching. Like any other course, theoretical subjects needed the polishing of the basic skills of each individual as the pre-requisite for B. Ed. curriculum. So, we were introduced to five very important skills a teacher must possess, starting with skill of introduction, explaining, skill of probing questions, illustrating with examples and the skill of black-board writing.

Micro-teaching sessions started from the second week of July and stretched till September. Initially we were like clay in a potter's hands which does not have it's own identity or shape. Gradually over period of time our teachers guided us with several sample episodes which provided us with an idea of micro-teaching. It helped us to identify our talents and potential. The continuous feedback and suggestions from our teachers were our boosters to climb up the ladder of success. Each micro-teaching session was for 5-6 min during which each individual had to present an episode teaching a particular topic.

All these experiences were helpful in preparing us to be efficient teachers. At this point of time I realized that being a teacher is a challenging task, as we have to be well updated with recent developments in the field of education. We had learnt through this exposure that small steps lead to much greater success.

**Vinita M and Azeema Khatoun**



**“Education is the Mother of Leadership.”**

**- Wendell L. Willkie**



## 'The Challenges of Adolescence in Schools'

### Panel Discussion



Adolescence is a period of storm and stress which adults and elders often fail to understand. Adolescents at schools are looked at, as problematic and indisciplined students. They are seen as craving for acceptance and individuality. They question life and faith looking for wholesome experiences. It is a time of high intellectual curiosity for these teens. The panel was to discuss the opportunities, gaps, programs and policies in Schools that affect adolescents. It was a very relevant topic which opened our eyes to the needs of this group of students—one of our future challenges. Dr Chitra Dinakar (a pediatrician at St. John's Medical College), Father Shaju Pellissery, Principal, Christ High School, Brigadier M N Kadapatti (an educational consultant), Mrs Bhavani Chandrashekar (Student Counsellor), Mrs Sathya Anuradha, Ms Siri C N – X Grade student and Prof Tomy K Kallarakal, HOD, Dept. of tourism (parent) were the panelists.

Dr Chitra Dinakar defined "Adolescent," as those belonging to the age group of 10–19 years, attributing qualities such as "loving", "difficult", "impossible", independent, free thinking, mature and responsible person. The significant factor in the adolescent period was the relation between the psychological changes effected by the brain and in making judgments.

Mrs Bhavani Chandrashekar spoke from the heart of an adolescent beginning with real life phrases "I am scared, I am confused..." The audience realized the real life phrases in relation to adolescent's real life situations. She then illumined us on the fact that social networking sites like 'Facebook' that influence adolescents making them live in a virtual world. "If I can't learn the way you teach, will you teach me the way I learn?" is what the adolescent wishes from her teachers.

Father Shaju Pellissery spoke about his experience as a Principal of Christ High School taking care of 4,300 children studying in the same school. He narrated a few incidents wherein he felt he had a three-fold condition: deal with students, deal with Parents, and deal with teachers. He stressed the need to use better terminologies in class. Later he emphasized on the need to give a variety of experience to the students as they look for it. The student-parent and student-teacher relationship must be flexible and smooth.

Prof Tomy K Kallarakal, spoke representing millions of parents in the country. He shared the difficult he faced in drawing a line for his adolescent sons regarding what is right and what is wrong. He said that it is a duty of a teacher to understand the adolescent students and not just teach them.

Mrs Sathya Anuradha spoke from her experience as a teacher. She spoke on the topics like problems of the adolescents, symptoms of such problems, interventions, tips to teachers and the characteristics of healthy adolescent.

The best part was the experience of the student. Ms Siri C N, a X grade student from the Christ School, Bangalore. She was representing the adolescent group. She spoke about the problems from her heart, concerning peer pressure and aspects like dressing sense, way of talking, hairdo, the gadgets they use, etc. She expects teacher to be friendly and understanding. Siri's speech was indeed energetic and interesting.

The question and answer session enlightened us all. It was indeed a great day for all. I thank the management and department for giving us the opportunity to understand and face the 'Challenges of Adolescents in Schools' from a different perspective.

**Tsewang Paljor**



### Christmas Celebration

December 22 was a great day for us to meet each other as we were just back from our teaching practice in different schools. The story of Christmas was well presented through a power point presentation which clearly spelt out -"Christmas is God's Love Story retold every year."

It was a colorful day of white, green and red. The heavenly atmosphere was enriched with Santa Claus, carols of different languages, dances and decorations all around. We were also eager to know our secret angels. One by one we revealed our secret angel in a creative manner and exchanged the gifts. The day was indeed written in our hearts with golden letters as we enjoyed it very much.

**Teenamol**

### Alumni Speaks...

After completing B. Ed. I was asked by my superior to take up the job of the Secretary cum Treasurer of the RDSS (Rural Development Service Society), in MP. Discerning this as the Will of God, I dared out to take up this post though it was demanding and challenging. At present I am the manager of 5 Boarding Houses and 2 Hindi medium Schools (Diego Vidhya Niketan, Silwani & RDSS Vidhya Niketan, Salayya). We also run 30 creches in the 30 villages.



Thus even when I am in the field of Social Work, I am always in network with the education system. I could give some kind of orientation to our teachers (most of them are not trained) at the Boarding houses regarding the systematic teaching and lesson planning. I also went around a few Schools in the capital city (Bhopal) and surroundings areas to give workshops and seminars on RTE and Teaching Pedagogy together with a senior Priest who is the Principal of our B.Ed./M. Ed. College where we focused mainly on group dynamics and voice training.

**Biju Tharani now in MP  
Alumni 2010-11 Batch**

"The important thing is not so much that every child should be taught,  
as that every child should be given the wish to learn."

- John Lubbock

### Short story

### The Visit of Skinner



It was dark. Yes, it was getting darker. I could almost feel the touch of darkness on my eyelids. It was heavy too. Abstract images vanished into darkness....sounds of talking faded away. Now it was fully dark. Didn't I feel the smell of a fried fish....a deep fried fish. I like fish. If there is a piece of fried fish, I can eat any amount of rice. I stretched my hands. Oh no... I can't do that. I am in the cage, a cage with iron bars all around. But there is a secret lever inside. If at all I could press it by chance, the cage will open; I can run to the fried fish.

Strange voices... steps coming towards me.... Who is glaring at me from the darkness? Is it Skinner or Thorndike? The smell of the fish is no more. I see only the experimenter in front of me.

"When a conduction unit is ready to conduct....."the approaching voice said.

What is the minimum requirement to be on the experimental table? A hungry stomach! Am I hungry? I touched my stomach. No, I wasn't hungry. After all it was a post lunch hour.

"Yes, I am asking you". The finger of the experimenter is in the proper angle, pointing to me. Slowly darkness vanished, it was all light, a blinding light. I saw my friends giggling and the experimenter glaring.

"Stand up and answer me," he said.

"I am not hungry, sir". Oh, there was a roar of laughter. They are my friends. I felt miserable.

Who conducted the experiment on the hungry cat? He asked.

Yes, who is that thoughtless creature who lets dogs and cats hungry! I wondered. I touched all the iron bars. They were all strong and tight. Where is the metal plate? If you peck on the metal plate you will get reinforcement. I could not find it and I did not answer.

"Sit down and don't sleep" the voice grew distant.

Have I been sleeping? I don't know. As I sat supporting my cheeks with my hands, my elbows resting on the table, darkness overpowered me. But friends, I tell you, it is nice to be in the dark, inhaling the smell of a deep fried fish.

**Jessy J**



## The Lost Flower

I lost my flower in my garden of love  
The flower of love,  
The flower of patience,  
The flower of delightfulness.

You were my sweetest flower,  
You were my adorable one,  
The one on whom I could rely on.  
Your fragrance still remains in me  
You nurtured me with your faith  
You blessed me with your love

You taught me how to be strong  
You taught me how to be kind  
You taught me how to love.

Can't imagine that you are far from me,  
Can't imagine that I can't reach you,  
Can't imagine that I can't hear you.

Your absence is the most disastrous  
thing in my life  
Never thought you'll say good bye so  
early  
Even in your absence I feel your warmth,  
always with me.

(Dedicated to my mother Late Lalitha George)

**Lisha Louis**

## Personality Development Workshop



A two-day programme on Personality Development was conducted by the Fourth Wave Foundation. It gives training in personality development and soft skills to both students and professionals. It was interesting and insightful. The two days were packed with various activities that gave opportunities to every member to look from a fresh perspective, shed their inhibitions and attain great confidence. Activities were also meant to deepen the our self-realization, as we reflected on our existing value system, our philosophy of life and our perceptions. We discovered how all of these influence our present behavior, success and happiness.

Some of the activities were expected to facilitate paradigm shift, unloading of mental and emotional bondage and adopting healthy coping mechanisms. It taught us a novel way of looking at and tackling the complexities of life that surround a person. The Johari Window helped us have a deeper insight of our own self, the causes for poor self image and ways to deal with these matters. The need for leadership skills to inspire the students positively enlightened us. One of the exercises enhanced us to explore our personal unpleasant experiences, perceive them positively, learn from them and turn them into meaningful and purifying experiences. At the end of this course, we learnt to look at life deeply, much beyond the surface and material level, to identify the important aspects of our lives, prioritize and face the challenges thrown at us with a positive outlook. In short, it was an interesting, insightful and useful program for the future professionals.

**Saher Islam and Sunaina B Y**



## Field Study at Christ School



Our visit to Christ School was scheduled for Tuesday, 13 September. We also had our first morning assembly in college, on that day. After attending the first two hours of our regular classes, we were expected to be at the school by 11.45 a.m. Since the School is right behind the college campus, it was possible for us to walk across. We definitely made a colorful picture, a hundred of us, dressed in our bright blue 'uniform' sarees and the gentlemen in their smart blue shirts!

We reached the school well in time and assembled in the auditorium. The whole purpose of this visit was to get practical knowledge about the day to day running and management of a school, the facilities and infrastructure required in a school. We got into our various groups and decided on whom to interview, what questions to ask and which departments to visit.

The main targets on our list were the Principal, Vice Principal, Librarian, teachers, counselors and the Physical Education teacher. We also interviewed the office staff and of course some of the students. Everyone in the school was very obliging and went out of their way to give us time, even though we had descended on them during their lunch break! They patiently answered all our queries and even let us have a peek at some of their records and registers.

Each group made a presentation of the information collected. By the time we were done with the presentations, it was past 3.30 p.m time to be heading back to college. Thanks to the Principal, Fr Shaju Pelliserry and Vice Principal, Fr Mathew Thadathil of Christ School. We were glad that we got an opportunity to see the working of a school!

**Mary George**

## Annual Sports Day

On 4 February 2012, the students of Christ School of Education had their annual sports meet. The sports events were held at Christ Kengeri campus. The sports meet was declared open by Prof Glady Jacob, the administrator of Kengeri campus. The students were divided into four groups namely - The White Tigers, the Blue Whales, the Red Bulls and the Black Jaguars. Each team had a captain and a teacher-in-charge. The teams had designed their own flags and T- shirts. It was a wonderful sight to see different groups stand and take the oath.



The first event was 100 meters flat race for girls. Thirty two girls took part in this race. There were four heats from which best eight were selected for finals. This was the first time that there were 32 participants for 100 meters race. The next event was 100 meters for boys; it was indeed a thrilling sight to see the boys sprint.

A 4x50 meters baton relay was held for our professors. This was the most exciting race of the day, which was followed by 200 meters; long jump, short put and discus throw for both girls and boys. As fun games, there was sack race for boys and three legged race for girls. All the events came to the end by 1:30 pm, after which we had a delicious lunch and a visit to the P.U residential college.

Around 3 p.m we gathered back in the field for the prize distribution. The winners of various events were given medals and certificates. All the students took part in a sporting manner. The overall winners were Black Jaguars and the runners up were Red Bulls. On the whole the sports day was a wonderful, energetic and outstanding event.

**Sheeba and Raju**

## Visit to Gear International



Having studied school management inside the classroom we were eager to see it for ourselves. The objective of the visit was to observe and note the way of functioning of a school and the various methods incorporated to help the total functioning of the school. It was a great opportunity to look at an innovative school set up.

Gear Innovative International school is situated on Sarjapur Road. It is a research based school that strives at developing curriculum using futuristic tools and practices. The parents, teachers and the school work together to discover the strength and joy of learning in a child. The infrastructure of the school in the form of cottages to give the children a feeling of homely atmosphere was an eye opener.

We were briefed on the concept of Multiple Intelligence which was implemented in the school for effective learning. We were briefed about the components of Multiple intelligence namely spatial, verbal (linguistic), logical (mathematical), bodily (kinesthetic), musical, interpersonal, intrapersonal and naturalistic dimensions.

The teachers are trained to teach effectively. The children here are given hands-on experience from the age of 2 or 3 years. The school follows the grading system and there are no exams till grade 8. Creativity is the golden rule that motivates teachers and students.

It was a new experience for us. It gave importance to activity based learning where materials were provided to the child and so that he/she continue to learn at his/her own pace under the guidance of the teacher. We just could not, but marvel at the variety and creativity of the teaching aids used.

**Cesvin**

*"Teachers who inspire, know that teaching is like cultivating a garden, and those who would have nothing to do with thorns must never attempt to gather flowers."*

**- Anonymous**





## My B.Ed.Days . . .



I've completed my PUC, Degree and B.Ed. in Christ University and undoubtedly B. Ed. was the best. During my admission I was told that I would be one of the youngest in the class and I dreaded having a boring year ahead. With classmates from a whole different generation, I convinced myself that it was just one year and that I would get over it. By now at the end of the year with just a month to go, I just don't want to leave this cozy corner of the University. No doubt it was hectic with tasks assigned from all sides but it's a lot of fun with exciting activities, things you'll never get a chance to experience anywhere else, skills to master, lots of loving friends, the most wonderful teachers I've had and so many other nice things.

There was not a single dull day in the calendar. Days flew by before you could digest what had happened. Personally, I wish it never ends because it's been the best year of my entire Life and I'll miss it all so much that there is not yet a word in English to describe it. I loved to grab every opportunity to teach, present, volunteer, help organize and I've thoroughly enjoyed the responsibility and stress, truly! I love all the teachers in the department, it's absolutely wonderful to share and work with them to make things happen. I am grateful to have so many affectionate and encouraging friends. It's nice to see that we all help and support each other. If I could do B.Ed. again, I'd do it again and again still wishing I never have to leave.

**Ishwarya G**

## B.....E.....d and Me

Oh! My God, why did I get the chance to study B.Ed.? This was my initial feeling, after joining the B. Ed. course at Christ University. This feeling remained in me for a few months. I found it difficult to cope up with different activities especially assignments. I was frustrated with classes too. I found myself like fish out of pond. But an incident changed my attitude towards assignments, classes and exams.

We had micro teaching practice as a part of the B. Ed course. All had to present different episode for each skill. Everybody was in their best in using different methods and teaching aids. Being a Social Science student, I was unable to understand Science and Maths concepts which were complex and difficult in nature. This gave me a chance to raise many questions: Why do students find difficult to study? Why don't students like to study, why student enjoy study? I too did not enjoy my schooling. Subjects like English, Maths and Science were a nightmare to me. There were moments when I got fever while writing Maths and Science. My reflection gave me an answer that unskilled teacher were responsible for in making subject difficult. This wisdom changed my whole perception or attitude towards my studies.

Teaching is both profession and mission. For both we need passion. Unless and until we get passion for mission and profession, they become burden for us. I am happy to have this passion. This passion paves the way to move ahead inspite of difficulties. Even if I don't get rank in B.Ed. does not matter because I got passion for my teaching profession and mission. I remain grateful to all my teachers for helping me to get this passion for teaching through their living examples and guidance.

**Felix**



## Fun Corner

### How to Catch a LION

#### Newton 's Method

Let, the lion catch you. For every action there is an equal and opposite reaction. Implies you caught the lion.

#### Einstein Method

Run in the direction opposite to that of the lion. Due to higher relative velocity, the lion will also run faster and will get tired soon. Now you can trap it easily.

#### Software Engineer Method

Catch a cat and claim that your testing has proven that its a Lion. If anyone comes back with issues tell them that you will upgrade it to be a Lion.

#### Indian Police Method

Catch any animal and interrogate it & torture it to accept that its a lion.

#### Karan Johar Method (director)

Send a lioness into the forest. Our lion and lioness fall in love with each other. Send another lioness in to the forest, followed by another lion.

First lion loves the first lioness and the second lion loves the second lioness. But 2nd lioness loves both lions. Now send another lioness (third) into the forest. You don't understand right... ok....read it after 15 yrs, even then you wont understand!

#### Govinda Method

Continuously dance before the lion for 5 or 6 days.

#### Ravi Shastri Method

Ask the lion to bowl at you. You bat for 200 balls and score 1 run. Lion gets tired and surrenders.

Source: [www.funtoosh.com/jokes/indian\\_jokes](http://www.funtoosh.com/jokes/indian_jokes)



## In the Robes of the Teacher

*"Education is helping a child realize his potentialities."*

*- Erich Fromm*



The second semester of the B. Ed classes began with the special mission of having the experience of systematic teaching in schools. The students were properly oriented by the members of the faculty on how to proceed with lesson planning and execution. Experts on various topics from the prestigious institutions of the city also conducted class demonstrations. Simulated teaching in the respective groups increased the enthusiasm of the students to have an experience in their own peer groups before they left for the actual teaching experience.

We began our challenging exposure from 28 November upto 21 December. Fourteen schools from the city were selected for the teaching practice exercise comprising of State, CBSE, and ICSE Boards. Some schools were nearby and others were far off from the College. The creative and innovative ways of using teaching aids in fact took many of the students and teachers to the world of wonder and surprise. Lesson plans became our daily thought. The timely correction and constructive criticism by the group members, teachers and concerned subject-teachers from the respective schools supported the dynamism of the trainees. We struggled yet learnt many lessons.

It truly helped us to understand the need of inculcating various techniques and methods in the globalized classrooms of the present day. The co-operation, hospitality and the guidance given by the Management and staff really exhibited their love for the future educational architects of our nation. Thanks to all who motivated us in this endeavour with less sleep and more work load.

**Jini M J and Binu Babu**



## Yoga



Yoga, the most familiar yet least practiced skill was given due its prominence in education was highlighted by a session on 'Yoga & Meditation' arranged for the entire class on September 02, 2011. We were quite anxious and excited about it. The terrace of the Central Block added more excitement and colour to the session.

Mr Gini K Gopinath from the Psychology Department, who is a hypnotherapist and counselor, was our guide for the day. We all carried our Yoga mats and settled down comfortably. Our expert started the session with the basic theory on Yoga and its origins, the different sutras, postures and asanas. After the theory, he guided each one of us to practice 3-4 basic and simple, yet important asanas. The practice session was followed by a Question & Answer session where our expert cleared several queries for our classmates. He concluded the session by giving us instructions on Voice control, Concentration and Short meditation which we could practice, not only in college as teacher trainees, but also when we go to different schools as teachers.

We enjoyed it thoroughly. It was a very refreshing 2-hour session away from classes and academics. It definitely calmed down each one of us. This will surely help us as well as students in keeping our day free of anxiety and stress.

**Supriya S**

## Independence Day



Everyone including our Vice Chancellor was overwhelmed.

We dedicated our song to the millions who sacrificed their lives for the freedom of our country, and wished that peace would reign in the lives of all and keep us united always.

**Maria Vidya**

We worked hard for the first formal programme of our deanery to be held at our University Auditorium. We stayed back for over a week sacrificing our time and energy. On Aug 15 along with MBA students we gathered in anticipation to participate in the Independence Day celebrations and looked forward to present ourselves in angelic white attire. Our presentation of the song-cum choreography-"Give Peace a Chance," was a hit.



## Meeting of Talent and Spirit

### CULTURAL FEST



What an enthralling experience! Kala Saurabha was an event that brought out hidden talents. It was a week of fun. F. Manoj and Fr Praveen, from St. Joseph's College, inaugurated the event. Working in teams was an exciting experience for everyone. Each team adopted a name based on the theme chosen by its members namely, Angelic Voice, Umoja, Bon Homie, Magis and Zoom Zoom 20.

On the first day of this marvelous week, each team had to introduce themselves in a very innovative and creative way. Each team was successful in doing their best. The next event was the mad-ads competition which was another event

that made everyone roll with laughter as they enjoyed the different products the teams were advertising. The second day was a fun filled day which included events like collage, rangoli, vegetable carving and flower arrangement. All of these events were theme based and everyone did their bit to bring out the best. This was followed by the arts and crafts display which was a display of true individual talent. All of these events were followed by a day filled with surprises for us. 'Team Theme Day', and 'Action Replay' were the main events.

'Turncoat' was another event which was new and very exciting. All the participants took part in this event enthusiastically. The final day of Kala Saurabha had cultural events like solo/group dance and singing. The efforts put in on each group were definitely seen on stage. All the performances were entertaining. The individual performances were enthralling and worth taking note of. All in all the team spirit and the urge to showcase something to the best of our abilities was achieved. All of us worked enjoyed it together and made 'Kala Saurabha' a memorable experience.

**Shalini R**



## Dexter's Laboratory



"Dexter's Laboratory" was the name given to the workshop conducted by the MBA students of for us on 22 and 23 February. The main focus of the workshop was Group Discussion, Body Language, writing an effective Resume and Interview skills. Each day we had two sessions which were thoroughly enjoyed by us. The class was divided into 4 groups. Each was under a facilitator who guided the sessions.

The first session was about participation in a Group Discussion. Each group was given a topic and volunteers were asked to talk about the topic given. It was seen that everybody spoke confidently and each one was given a chance to express their opinion. Later the audience was asked to give a feedback on what they saw. The

facilitators in turn gave us a feedback and told us about the DO's and DON'T's in a group discussion

The second session was on Body Language. This was an interesting session because we came to know about what each gesture or posture of an individual meant. Examples of body language were given by showing a video clipping of the group discussion that was carried out in the earlier session. This proved to be really effective as we realized the gestures and postures we took unconsciously while talking which conveyed various messages in silent ways.

The third session was on how to write a Resume. A format was given on the basis of which points were discussed. We were once again given a list of DO's and DON'T's. Questions were raised during the discussion and doubts were cleared. This also proved to be a very effective session.

The fourth session was on an Interview and how to prepare for an it. We were given suggestions on how to groom one's self when one goes for an interview and how to greet the interviewer. The body language had an important role to play in an interview. To make things more clear a mock interview was carried out with a volunteer from the group. The audience was told to observe and to give feedback after the interview. Possible questions during an interview were discussed and we were told how to answer each question.

The workshop ended on a satisfactory note. Each and everyone appreciated the hard work of the MBA students in the presentation of the workshop. Sincere thanks to the department for organizing a workshop which proved to be effective to each and every one of us.

**Rinu Dina John**



## Phonetics Workshop

Phonetics has a unique place in the effectiveness of a communicator especially a teacher. One's speaking skills speak for one's self. It plays a vital role in the individual's personality.

The two-day workshop by Prof Anil Pinto, from the Department of English and Media studies, was of great help to gain knowledge and interest in the art of learning the sounds in English perfectly. The sessions were lively as we studied the patterns of sounds. I made a conscious effort to get the phonetic symbols and more important the pronunciation. It also made me aware of the bitter truth that those words I thought I pronounced correctly, were actually wrong.

The workshop provided me an insight into the various techniques through which one can apply ones theoretical knowledge to the practice of pronouncing words correctly. The workshop not only gave me an opportunity to grasp the fundamentals of phonetics but also showed me ways of incorporating discussions, activities and feedback tools to enable my students to gain a holistic understanding of the subject.

The teaching approach used was fantastic. I was glad I had attended the workshop. It was an interesting learning experience, at the right time, as I was getting ready to take up the teaching profession. I am excited to teach my students some of the new things I have learnt here. I would give the workshop a solid 8.5 out of 10.

**Roma Peardon**

## There will be Another Dawn

No matter how dark this night is  
There will be another dawn  
When the darkest clouds surround you  
When the deepest valleys abound you  
Look up and see, there will come a dawn,  
This night of sorrow will end when we see the joy of  
that dawn.

Just wait and see, there will be another dawn,  
When you feel weary, when you feel torn,  
When your world is in the midst of a storm,  
Look up and see, there will come a dawn,  
This wait will end, when we see the peace of that dawn

Hold on to the hope, there will be another dawn,  
This night will end, He promised,  
This wait will be over, He promised  
I will come, He promised,  
He will surely come!

Oh how beautiful will be that dawn,  
The dawn of sacrifice, the dawn of love,  
The dawn forever, the dawn eternal.

No matter how dark the night is,  
There will be another dawn.

**Vandana Anil Dass**

## My Cherished Experience of B. Ed.

"Days come and days go but the impact of each trivial thing that happens remains indelible". It seemed like just yesterday when the academic year commenced and now we are approaching the end. Oh! What an experience! All the memories are very fresh, even the warm

welcome which we received from our dear Professors and thereafter, we set on to the race to be trained for our future which was both enjoyable,



demanding that extra mile and knowledge imparting, not forgetting the feel-at-home atmosphere that was sustained all through the year.

It was really good to be here, to gain knowledge, to have a glimpse of how it feels to be an effective teacher and above all to be well-equipped to leap into the depths, aiming at making a difference just as my own Professors have been to me and to all of us.

By being kept busy I have learnt that life is made up of time. So wasting it is wasting life itself. This saying stresses that successful people make the most of every moment, never throwing away any moment recklessly. The B.Ed. course instilled this in each one of us?

Above all, it has taught us to be focused people, having definite goals and the character to achieve them. Thus determination, hard work, perseverance, dedication, innovative thinking and teamwork are the steps on the stairway to great achievement. Indeed sooner or later we learnt that anything worth the name of success is built on these six pillars.

Discovering and accepting our own individuality through various activities in the process of learning has also been a part of our focus. Many opportunities to challenge self and liberate the greatness that lies dormant in us have helped us discover ourselves better.

And so, as we step out of the School of Education which has been a part of each one of us, we cherish all the memories that we have. May our tiny effort which we weave into the pattern of surpassing dreams which will benefit us and each child who comes under our care.

**Susan Wanja Muthoni**





Back to School

Teaching Aids Display

Communication Skills

Independence Day

Demonstration Classes

State Level Workshop

Panel Discussion

Personality Development

Teacher's Day Celebration

Ethnic Day

Theatre in Education



Sports Day

Kala Saurabha

Street Play

School Visits

Puppetry Workshop

Practice Teaching

CLC Camp, Kolar

Class Assembly

Wonder la

Educational Trip